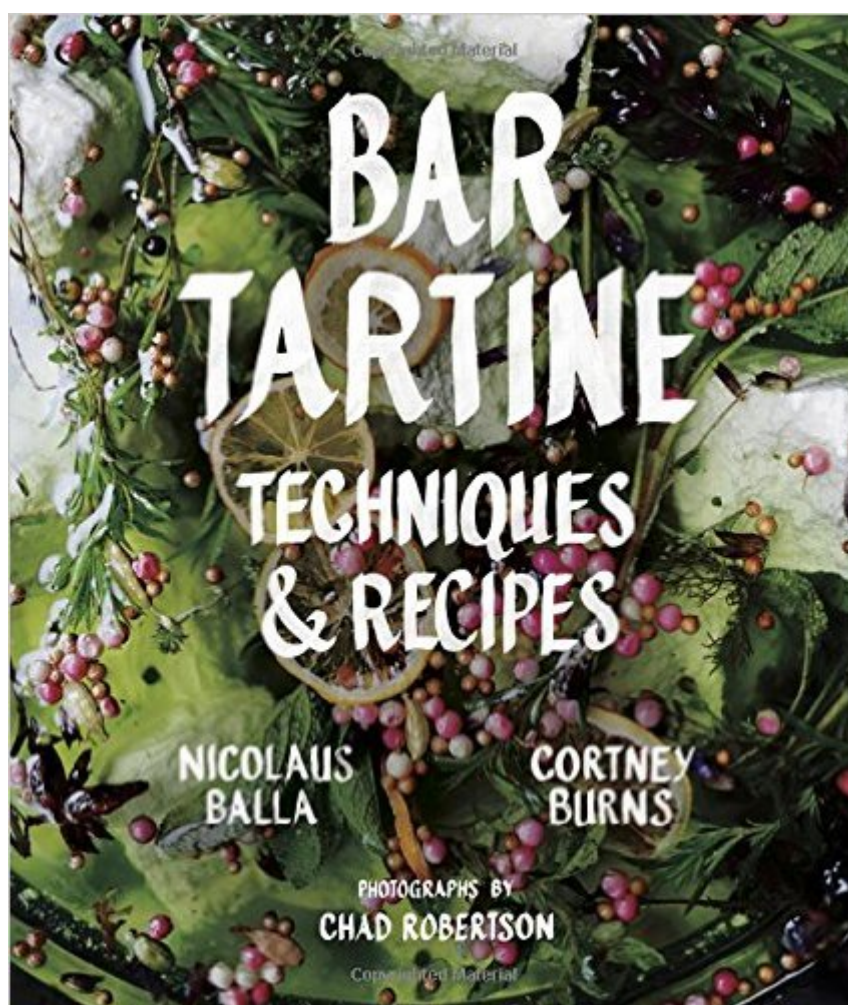


The book was found

Bar Tartine: Techniques & Recipes



Synopsis

Here's a cookbook destined to be talked-about this season, rich in techniques and recipes epitomizing the way we cook and eat now. Bar Tartineâs "co-founded by Tartine Bakery's Chad Robertson and Elisabeth Prueitt" is obsessed over by locals and visitors, critics and chefs. It is a restaurant that defies categorization, but not description: Everything is made in-house and layered into extraordinarily flavorful food. Helmed by Nick Balla and Cortney Burns, it draws on time-honored processes (such as fermentation, curing, pickling), and a core that runs through the cuisines of Central Europe, Japan, and Scandinavia to deliver a range of dishes from soups to salads, to shared plates and sweets. With more than 150 photographs, this highly anticipated cookbook is a true original.

Book Information

Hardcover: 368 pages

Publisher: Chronicle Books (November 25, 2014)

Language: English

ISBN-10: 1452126461

ISBN-13: 978-1452126463

Product Dimensions: 8.9 x 1.2 x 10.2 inches

Shipping Weight: 3.6 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (77 customer reviews)

Best Sellers Rank: #15,902 in Books (See Top 100 in Books) #6 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > California](#) #219 in [Books > Cookbooks, Food & Wine > Cooking Methods](#)

Customer Reviews

The philosophy behind this book is immediately apparent: the first 150 pages contain recipes for ingredients, not dishes. But what ingredients! Goat cheese, pork fat chile oil, rice vinegar, Brussels kraut, fig leaf syrup, mushroom broth, karasumi/bottarga(!) An entire other category is powders - onion, garlic, yoghurt, rice koji, kale, parsnip, sauerkraut - that are bright and fresh and perfect for inventive sous vide recipes. One warning though: the recipe for black garlic (put garlic heads in a slow cooker set on Warm, for two weeks) mentions the intense smell: I confirm that it can go through walls. But back to that mushroom broth: it is ordinarily made with water and a few mushrooms, and is invariably insipid; this recipe cooks LOTS of fresh mushrooms at low temperature for hours then extracts all the liquid from them, is all. The recipe made so much sense

that it was the first thing I made. It's easily the best mushroom broth in the world, but these guys also include a recipe to further reduce it to an emulsion, good grief. The recipes for dishes, when they finally start, are very inventive and just as uncompromising. Cabbage rolls with fish cake starts with the recipe for making fish cake. The result is probably not that different from wrapping store-bought fish cake with cabbage (a pairing made in Heaven), but hey: now I can invent new fish cakes laced with (say) white anchovies,

I've had this inspiring, creative food-making guide for about 6 months now and it has yet to be returned to my cookbook shelves. It's probably the most original cookbook I've ever read and it has become essential in my kitchen. Yet, I wouldn't recommend it to everyone. This is definitely not a beginner's book nor a "what's for dinner tonight" recipe collection. This is a guide to building a pantry of do-it-yourself food additives that will punch flavor into your food. The actual recipes, which are only about half of the book, serve as inspiration for using some of those ingredients you've charred, dehydrated, sprouted, fermented and cultured in the first half of the guide. Of course, homemade garlic powder may at first blush seem a "you've got to be kidding me" directive if you're starting one of the recipes in the second half of the book and see it listed in the ingredients. Well, if you just want to make that particular recipe, you don't have to make the garlic powder; you can easily substitute store-bought. But if it's garlic season and you saw a great deal at the farmer's market and maybe you bought more than you can really use, why not dehydrate some and make powder for future use? I'm slowly adding things to my pantry as I have time and abundance of raw materials. Another reason I wouldn't recommend this book to a beginning cook is that blindly following the recipes may not always yield the best result. Recipes that include a sauce, for example, often yield excessive amounts of sauce. This is a common occurrence in cookbooks from restaurants, probably because the chefs are accustomed to preparing large quantities of sauces for use in multiple dishes.

Reading this book, for me, is akin to a middle-aged, every-other-weekend hiker with an aching knee reading a book about how to climb Mt. Everest. That hiker may really, really enjoy reading that book. And her hiking experiences may allow her to greatly appreciate all of the work that goes into climbing Mt. Everest, but the truth is, she will never, ever climb that mountain! Bar Tartine is a lovely book. The photographs are stunning. The recipes are creative and complex. I might, someday, try one of them. I will not be making any of these recipes anytime soon for a few reasons. As I'm sure the other reviews have mentioned again and again, each recipe calls for one or more ingredients

that one must prepare using the techniques section that comprises the first half of the book. These ingredients are brined, pickled, smoked, dried, powdered, smoked, burnt, smoked then powdered...etc. I just do not have enough refrigerator space to devote to 10+ vats of various foods, in various stages of being transformed from simple to delicious. I live in Europe, and the fridges here tend to be small (note to any Europeans reading this, none of the things in this book will fit in your fridge, but if you are a native European, you may be braver than I when it comes to not refrigerating things). Also, only one person that I know in my town owns a gas oven, and it is the kind without a pilot light, so all of those dried food recipes are out. The other thing is, for all of the time spent on techniques, there is very little information about how to use the resulting pickles and powders and sauces, other than in other equally daunting recipes at the end of the book.

[Download to continue reading...](#)

Bar Tartine: Techniques & Recipes Scoring High on Bar Exam Essays: In-Depth Strategies and Essay-Writing That Bar Review Courses Don't Offer, with 80 Actual State Bar Exams Questions a The Bar Exam Mind Bar Exam Journal: Guided Writing Exercises to Help You Pass the Bar Exam How to Open a Bar: An Entrepreneur's Essential Guide to Opening, Operating, and Owning a Bar or Nightclub ~ (the Bar Business Plan) Tartine All Day: Modern Recipes for the Home Cook Tartine Strategies & Tactics for the FINZ Multistate Method (Emmanuel Bar Review) (Emanuel Bar Review) Passing the Uniform Bar Exam: Outlines and Cases to Help You Pass the Bar in New York and Twenty-Three Other States (Professional Examination Success Guides) (Volume 1) Bar Exam Basics: A Roadmap for Bar Exam Success HOW TO WRITE A LAW SCHOOL IRAC ESSAY and Pass: Authored By A Bar Exam Expert Whose Bar Exam Essays Were Published! Look Inside!!! If I Don't Pass the Bar I'll Die: 73 Ways to Keep Stress and Worry from Affecting Your Performance on the Bar Exam Rigos Primer Series Uniform Bar Exam (UBE) Multistate Bar Exam (MBE) Volume 2: 2017 Edition How to Write Bar Exam Essays: Strategies and Tactics to Help You Pass the Bar Exam (Volume 2) How to Write Bar Exam Essays: Strategies and Tactics to Help You Pass the Bar Exam Bar Exam Mind: A Strategy Guide for an Anxiety-Free Bar Exam The Ultimate Patent Bar Study Guide: Pass the Patent Bar Exam with Ease Rigos Primer Series Uniform Bar Exam (UBE) Review Multistate Bar Exam (MBE) Volume 1: 2017 Edition Raising the Bar: Integrity and Passion in Life and Business: The Story of Clif Bar Inc. Professional Digital Techniques for Photographing Bar and Bat Mitzvahs Guittard Chocolate Cookbook: Decadent Recipes from San Francisco's Premium Bean-to-Bar Chocolate Company

[Dmca](#)